

# Libby's Kitchen Menu (Oct.2025 / 2025年10月)

School : \_\_\_\_\_

Student: \_\_\_\_\_

Total Meal : \_\_\_\_\_

Parent's Contact: \_\_\_\_\_

Total Amt : \_\_\_\_\_

Week 1	Mon.		Tue.		Wed. 1		Thur. 2		Fri. 3	
	A		A		A	Spaghetti w/Pork Meatball 番茄意面配猪肉丸子	A	Beef Hot Dog 牛肉热狗	A	Lemon Chicken 柠檬鸡配米饭
	B		B		Chicken Fried Rice 鸡肉炒饭	B	Chinese Sausage Fried Rice 腊肠什锦炒饭	B	Spaghetti w/Beef Meatball 番茄牛丸意面	
	C		C		Veggie Fried Noodle 蘑菇素炒面	C	Vegetable Lasagna 芝士蔬菜素千层	C	Deep Fried Tofu w/Potato 椒盐豆腐配土豆泥	
Week 2	Mon. 6		Tue. 7		Wed. 8		Thur. 9		Fri. 10	
	A	Grilled Chicken Leg w/Rice 香烤鸡腿配奶油玉米	A	Crab Salad Sandwich 蟹肉沙拉三明治	A	Marinated Chicken Leg 香卤鸡腿配米饭	A	Popcorn Chicken w/Potato 椒盐鸡米花配土豆泥	A	Beef Lasagna 意大利牛肉千层饼
	B	Teriyaki Beef Noodle 照烧日式牛肉炒面	B	Chicken Mac&Cheese 鸡肉香肠通心粉	B	Sweet&Sour Meatball 糖醋丸子	B	BBQ Pork w/Rice 叉烧饭	B	Chicken Fried Noodle 鸡肉炒面
	C	Mixed Veggie Riceball 海苔蔬菜饭团	C	Veggie Fried Rice 蘑菇时蔬素炒饭	C	Stir-Fried Veggie 地三鲜	C	Stir-Fried Diced Vegetable 酱爆素三丁	C	Butter Veggies w/Rice 咖喱黄油炒杂菜
Week 3	Mon. 13		Tue. 14		Wed. 15		Thur. 16		Fri. 17	
	A	Thanksgiving Day	A	Chicken Stick Wrap 芝士鸡肉卷	A	Teriyaki Chicken w/Rice 照烧鸡	A	Chicken Tender & Fries 麦香鸡配薯条	A	Chicken Veg Dumplings 鸡肉蔬菜蒸饺
	B		B	Spaghetti w/Meat Sauce 番茄肉酱意面	B	Bacon Mac&Cheese 蘑菇培根通心粉	B	Orange Chicken w/Rice 橙汁鸡配米饭	B	Beef Broccoli w/Rice 西兰花炒牛肉
	C		C	Cheese Stick & Wedges 芝士条配薯条	C	Mash Potato w/Tofuball 土豆泥配豆腐丸子	C	Vegetarian Japchae Noodle 韩式炒杂菜(素)	C	Creamy Veggie Carbonara 白汁奶油鲜蔬素意面
Week 4	Mon. 20		Tue. 21		Wed. 22		Thur. 23		Fri. 24	
	A	Sweet&Sour Fish 菠萝咕咾鱼球	A	Beef Taco 墨西哥牛肉卷	A	Korean Beef Bibimbap 韩式牛肉拌饭	A	Ham Fried Rice 扬州炒饭	A	Creamy Chicken Carbonara 白汁奶油鸡丝意面
	B	TW Style Braised Pork 台式卤肉饭	B	Mushroom Bacon Pasta 蘑菇培根奶油意面	B	Sweet&Sour Chicken 菠萝咕咾鸡	B	Baked Cheese Meat Sauce w/ Rice 芝士肉酱焗意饭	B	Riceball w/Shreded Pork 海苔肉松饭团
	C	Scrambled Egg w/Tomato 番茄炒蛋	C	Teriyaki Tofu 照烧豆腐	C	Vegan Dumplings 全素蒸饺	C	Sweet & Sour Tofu Bal 糖醋豆腐丸子	C	Spaghetti w/Tofu Meatball 番茄意面配豆腐丸子
Week 5	Mon. 27		Tue. 28		Wed. 29		Thur. 30		Fri. 31	
	A	Creamy Ham Carbonara 白汁奶油火腿意面	A	Tuna salad Sandwich 吞拿鱼沙拉三明治	A	Chicken Broccoli w/Rice 西兰花炒鸡肉	A	Taiwanese Fried Chicken 台式盐酥鸡饭	A	Steamed Egg w/Pork 肉末蒸蛋
	B	Deep Fried Fish Filet 椒盐鱼片	B	Grilled Chicken w/Rice 香烤鸡胸配米饭	B	Fish & Chips 炸鱼薯条	B	Kyoto Style Pork Chop 京都猪扒	B	Creamy Chicken Carbonara 白汁奶油鸡丝意面
	C	JP Style Curry Veggie 日式咖喱炒杂菜	C	Yaki Udon w/Mixed Veggie 日式杂菜炒乌冬(素)	C	Veggie Sausage Mac&Cheese 素食香肠通心粉	C	Vegetable Lasagna 芝士蔬菜素千层	C	Kosher Veggie Hot Dog 全素热狗

Lunch served with seasonal vegetable and rice (except for noodle & fried rice item).

## Libby's Hot Lunch Registration Form



Libby's Kitchen is a hot lunch provider dedicating in preparing delicious hot lunch meals for children. We aim to provide delicious food and excellent service to elementary schools and daycare centers. We offer Daily Hot Lunch Program and School Hot Lunch Program to serve the demand of different school and organization. Our menu is carefully designed in compliance with *The Guidelines for Food and Beverage Sales in BC & School Meal* and *School Nutrition Program Handbook* to ensure nutrients intake and food variation. For more information, please visit [libbyskitchen.ca](http://libbyskitchen.ca) or contact us.

### **Libby's Note:**

We aim to provide fresh and seasonal food. Libby's Kitchen reserves the right to substitute certain ingredient without further notice. Should you have any question, please do not hesitate to contact us at 778-886-0096 or [libbykitchen@outlook.com](mailto:libbykitchen@outlook.com). Your business is highly appreciated!

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